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Monologue

Dr. Wallach starts the show discussing birth defects and what causes them. Outlining there is no reason for birth defects to still be occurring. Asserting that virtually all birth defects are preventable because they are due to nutrional deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of MS (multiple sclerosis). A Kaiser Permanente study found that over weight and obese girls were at higher risk of MS. In fact the study found that extremely obese girls were four times more likely to get MS than normal weight girls.

Callers

- David has a tooth that is ultra sensitive to hot and cold.
- Emilia has a rash on her neck.
- Lavita's mother has contracted MRSA (methicillin-resistant staphylococcus aureus).
- Cathy's niece has been diagnosed with cerebral palsy.

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Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.