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Monologue

Dr. Peter Glidden fills in for Dr. Wallach starting the show talking about a news story regarding a 46 year old man who died unexpectedly from a stroke. Dr. Glidden then describes the two different types of strokes (aneurysm and ischemic). Outlining that an aneurysm is a blood vessel rupturing and what causes it. Also defining an ischemic as a blood clot that travels through the system to the brain and cuts off blood supply. Commenting that it this man had been aware of Dr. Wallach's nutritional protocals and followed them he probably wouldn't have died.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article concerning safety tips for kids on halloween. Outlining everything from being careful when carving pumpkins to not wearing costumes that are loose or obstruct vision to watching for treats that are problematic. Dr. Glidden also asserts that other ways for keeping kids safe are to avoid doctors and the medical system unless absolutely necessary.

Callers

- Cary starts with a testimonial on how well Youngevity products have worked to improve he and his wife's health. Second he has questions regarding his father who has been diagnosed with ALS (amyotrophic lateral sclerosis).
- Elmer asks Dr. Glidden for natural ways to control his chronic asthma symptoms.
- Michael wants to get off of his high blood pressure medication.
- Anthony has some female friends diagnosed with fibroids.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.