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## Monologue

Nurse JoAnn Conaway fills in for Dr. Wallach. JoAnn discusses a recent news story concerning recent action by the Federal Trade Commision. The FTC fined four marketers of weight loss products. The FTC contending the companies made false unsubstantiated claims that were not backed by science.

## **Pearls of Wisdom**

Doug Winfrey and JoAnn Conaway discuss a couple of news stories concerning weight gain. The first story is regarding research done by the University of Iowa College of Medicine that found adults living with children tend to eat more fats than those not living with children. The second story outlines data found by Finnish researchers indicating people with pets tend to be heavier, less active and in poorer health than those without pets.

## **Callers**

- Cindy has a friend whose doctor advised her to get off of Youngevity products because of elevated blood levels of potassium.
  - Patty's sister has been diagnosed with ovarian cancer.
  - Bob has questions regarding liquid collagen products.