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Monologue

Dr. Peter Glidden fills in for Dr. Wallach and starts the show discussing flu vaccines. Contending that flu vaccines don't work and should be avoided unless you want to get the flu. Outlining that the government takes tax money and gives it to pharmaceutical companies to make flu vaccines. Once they are made then the companies use big advertising campaigns to push the vaccines. He also notes that there are several strains of flu and the government experts can only guess as to which strain will be prevelant the next season.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden continue talking about flu vaccines. Doug cites a Canadian study that found people who took the flu vaccine in the 2008 to 2009 season were actually more likely to get the H1N1 flu than those not vaccinated. As these vaccines depress the immune system for up to 3 months making it easier for influenza to attack the body.

Callers

- Terry has been diagnosed with cancer and is trying to avoid sugars and asks Dr. Glidden if sugar substitutes can be recommended.
- Tom's granddaughter has chronic eczema.
- Rebecca is experiencing leg and foot cramps as well as neuropathies.
- Mal has chroic recurring pneumonia.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.