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Monologue

Dr. Wallach starts the show discussing the four types of dementia. Outlining that vascular dementia is caused by damage or blockage of small arteries in the brain. Korsakov's dementia caused by a vitamin deficiency. Wernike-Korsakov's dementia a vitamin deficiency combined with MS (multiple sclerosis). Finally Alzheimer's a loss of the myalin sheath on neural synapses due to cholesterol deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article regarding a study of breast cancer screenings. Researchers from the Yale School of Medicine found that Medicare spends almost as much on breast cancer screening as it spends on breast cancer treatment. Spending$1.08 billion annually on breast cancer screening compared to $1.36 billion on treatments. In fact $410.6 million is spent annually on screenings for women over the age of 75 a controversial group. Many experts believing that depending on an older woman's health has no benefit as some will die of other causes long before breast cancer.

Callers

- Yoli has a follow-up call concerning her mother who has hypertension, atrial fibrulation and congestive heart disease.
- Kimberly's husband has MS (multiple sclerosis), chronic fatigue and ED (erectile dysfunction).
- Margaret recently had a biopsy on a leison on her tongue finding it is cancerous and her doctor want to remove some of her lymph nodes.
- Jane has a friend diagnosed with RSD (reflex sympathetic dystrophy).

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.