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Monologue

Dr. Wallach starts the show discussing a news article that states 1 in 12 military personel have clogged arteries. The article also contends that in the Vietnam era 75% of soldiers killed had coronary arteries disease. Doctors are crediting the drop in heart disease to cholesterol lowering drugs and blood pressure medications. Doc disagrees asserting that he believes the drop is due to more soldiers taking vitamins and minerals.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concerning a report out regarding the continued overuse of unnecessary tests and procedures. Researchers looked a CDC data on doctors office visits of nearly 80,000 patients bewteen 1998 and 1999. The looked at the same data for over 100,000 patients between 2008 and 2009. Finding that doctors are giving prostate exams to men over the age of 75 and breast exams to women over the age of 75. The report did find a 37% increase in doctors prescribing aspirin to people with coronary artery disease. With the use of statins for heart patients doubling and found a 24% increase of the use of statins for diabetics.

Callers

- Teddy has been diagnosed with thyroid cancer.
- Blanch was told 20 years ago she had the presence of HPV and now doctors are telling her she stage one indicators of cervical cancer.
- Rand has a testimonial of how Youngevity products have improved his health and he has questions regarding his dog that has cancer.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.