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Monologue

Dr. Wallach starts the show discussing the importance of consuming antioxidants along with the 90 essential nutrients. Asserting that he has been doing so since he was 9 years old. Contending that it is vitally important that people educate themselves regarding their own health.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news story about a new drug for lupus. The main part of the story is the estimated income for the company making the drug. The first to be approved for lupus by the FDA in over 50 years. However, as is usually the case this new drug named Benlysta only manages symptoms. Doc asserts that the caused of lupus is a gluten intolerance that prevents people from absorbing nutrients.

Callers

- Becky has questions concerning food allergies and chronic kidney stones.
- Johnny has questions concerning a friend who is diabetic and experiencing chronic constipation.
- Maureen's husband is on several medications and asks Dr. Wallach if they will interfere with Youngevity products.
- Evelyn is recovering from cancer surgery and wants to get on a nutritional supplement

program.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.