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Monologue

Dr. Peter Glidden fills in for Dr. Wallach starting the show discussing Alzheimer's disease and links to statin drugs. Contending that prior to the late 1969's there was no record of an Alzheimer's diagnosis. Contending that if one were to compare graphs on the incidence of Alzheimer's and the increased prescribing of statin drugs. The two graphs practically parallel one another as more and more patients have been diagnosed with Alzheimer's the percentage of patients prescribed statins increase as well.

Pearls of Wisdom

Doug Winfrey and Dr. Glidden discuss a news article concerning a study on Alzheimer's. The study found that people already diagnosed with MCI (mild congitive impairment) who had the highest blood levels of caffeine from coffee were less likely to develop full blown Alzheimer's. In fact in the two to four years following the study MCI patients with plasma caffeine levels above the critical level (1200 ng/ml) 100% experienced no conversion to Alzheimer's disease.

Callers

- Chaz was born with cerebral palsy leaving his feet point out instead of forward, he asks Dr. Glidden if anything can be done.
- Ray asks the difference between Youngevity's "Triple Treat Chocolate" and the "Triple Truffle Chocolate".
- Margaret has two questions the first regarding her own heart failure and fatty liver disease. Second she has questions regarding her 16 year old athlete son who is losing flexibility.
- Dave asks about late infantile batten disease a neurological disorder.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.