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Monologue

Dr. Wallach starts the show discussing a news article on heart disease in mummies. Researchers scanned 137 mummies spanning four geographical areas and 4000 years. Finding that 34% had evidence of atherosclerosis while those over the age of 40 at death nearly half had vascular calcification. Leading researchers to believe that quite possibly heart disease isn't caused by a diet of Big Macs. But rather simply the result of the natural aging process. Doc disagrees asserting heart disease is the result of nutritional deficiencies.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article on breast cancer. The story outlines the plight of Judy Valencia who diligently got mammograms routinely. One showed an abnormality so a biopsy was performed resulting in a cancer diagnosis. She underwent a double mastectomy only to later discover she never had cancer at all. A top cancer expert interviewed for the article stated that women should always get a second opinion before doing any treatments.

Callers

- Jimmy's mother has been diagnosed with tumors in her liver.
- Edna's father recently suffered a stroke.
- David's wife has leaky gut syndrome and chronic vaginal yeast infections.
- Mark was recently diagnosed with Celiac disease.
- Al has a dog with epilepsy and is suffering seizures.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.