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Monologue

Dr. Wallach starts the show today asserting that many of the most common health challenges suffered by Americans are can be prevented and even reversed. Citing rheumatoid arthritis as one example and outlining it's cause as being a the bacteria mycoplasma. Contending that the bug can be killed and the damage to joints reversed through proper nutritional supplementation.

Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss a news article concern a research study on drug errors. The study done at the University of California, San Francisco. The researchers found that an estimated 4.5 million patient visits to doctor's offices were due to adverse events involving prescribed medications. They also found that the highest percentage of these events involved older people taking multiple medications.

Callers

- Tammy has a friend who suffers from severe migraine headaches.
- Peggy's daughter had heart and lung transplants several years ago and she wants Dr.

Wallach to recommend a nutritional plan.

- Paul has follow-up questions regarding his wife's chronic migraines.
 Matt has had asthma for over twenty years.

Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.